

Market Analysis Worksheet

A structured worksheet for turning observations into a clear, reviewable market view.



TRADING ARTIST

1. Environment

- ☐ What is the dominant market structure on the higher timeframe?
- ☐ Is the current environment trending, ranging, volatile, compressed or transitioning?
- ☐ Which major currencies or themes are driving the pair today?

2. Key areas

- ☐ Mark the most important prior swing highs/lows and support/resistance zones.
- ☐ Note areas where liquidity, breakouts or failed breaks may become relevant.
- ☐ Identify where your current interpretation would be invalidated.

3. Fundamental context

- ☐ What major data, central-bank decisions or geopolitical developments are relevant?
- ☐ What was the market expecting before the latest information?
- ☐ Did the release or event change expectations, or simply confirm them?

4. Scenarios

- ☐ Bullish scenario: what evidence would support it?
- ☐ Bearish scenario: what evidence would support it?
- ☐ Neutral/no-trade scenario: what would make waiting the better decision?

5. Review

- ☐ What actually happened?
- ☐ Which observations were useful and which were hindsight?
- ☐ What should be carried forward into the next analysis?